



Miss Sanford - School Counselor  
Heart River Elementary  
Distance Learning and Support

**Office Hours:** I will be available from 10:00-11:00 and 12:30-1:30 Monday-Friday. I will be responding to emails ([tsanford@dpsnd.org](mailto:tsanford@dpsnd.org)) and phone calls (701-456-0012) during this time.

**Bloomz:** I will also be available through Bloomz during school hours. If you have not added me yet please click "+Add Class/Group" and type in my code: KCW7Y8.

**Check-In Form:** If your child would like a check-in with me or with our school social worker, Mrs. Seaks, he/she can fill out the check-in form on the Heart River Elementary homepage.

**Social Emotional Lessons:** I will still be creating and posting lessons for your child every week. One lesson per week will be posted to their Seesaw (Kindergarten through 2<sup>nd</sup> grade) or Google Classroom (3<sup>rd</sup> through 5<sup>th</sup> grade).

Thank you! 😊