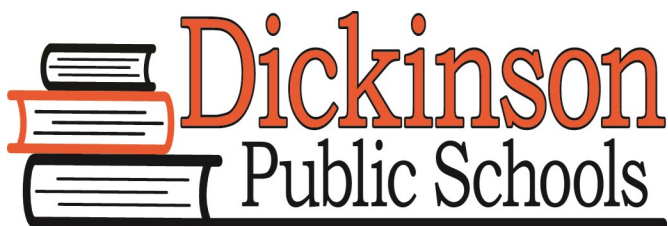


Heart River Elementary Newsletter



Empowering All Learners to Succeed

Phone Number: (701)456-0012

April 2020

Volume 8 Issue 8

Some fun websites for our students:

<http://gws.ala.org>

Art Games:

www.kids.albrightknox.org/loader.html
www.nga.gov/kids

Science NetLinks:

<http://sciencenetlinks.com/tools>

PBS Kids:

<http://pbskids.org>

Math:

<http://www.mathplayground.com>
kids.nationalgeographic.com/kids/littlekids

- April is...
- Named after the Greek Goddess, Aphrodite
 - The month for Daisies and Sweet Peas



DISTANCE ONLINE

Our teachers have been working to provide online distance learning so our students can continue to learn the essential learning skills. These are very interesting times as Heart River Elementary, along with the rest of DPS, transitioned to our Online Distance learning platforms. K-2 students will use the See Saw platform for their daily learning engagements and parent/teacher interactions and communication. Students in 3-5 grade will use Google Classroom for their learning. Because we know how different and unique this new type of learning is, teacher guidelines have been to not exceed 3 lessons a day for students.; Reading, Writing or Phonics, and Math. In K-1 each lesson should take students no longer than 20 minutes, 30 minutes for 2nd and 3rd grade students and 40 minutes for 4th and 5th grade. Additionally, each grade level is assigned one specialty area such as music, art, PE, each day. It is critical that your child complete their daily assignments to ensure they are prepared. Contact your child(ren)'s teacher if you are having difficulty.



Until Further Notice

Keep up with your Online Learning



North Dakota State Assessment which was scheduled to begin in mid-March. However, all statewide assessments for accountability have been cancelled for the year. This would include the NDSA, NDAA and the ACT.



Child Nutrition Program

During the mandated school closures, Heart River Elementary, Lincoln Elementary and Dickinson Middle School have been identified as lunch distribution sites for children ages 1-18. Breakfast and lunches are available from 11:00 AM – 12:30 PM at each of these schools.

Child Abuse Prevention Month

April is National Child Abuse Prevention month. Community members organize and participate in activities that strengthen families and communities.

https://www.whitehouse.gov/presidential-actions/proclamation-national-child-abuse-prevention-month-2020/?utm_source=link

Mrs. Cook to Retire

After spending 38 years in education, almost 8 years in Dickinson Public Schools, Mrs. Cook will be retiring at the end of the 2019-2020 school year. Mrs. Cook taught for 16 years in Montana, North Dakota and Texas and has been an administrator for 22 years serving as an assistant principal for 7 years and principal for 15 years. We want to welcome Mr. Randy Muffley who will be on board beginning July 1, 2020. He is married to his wife, Nancy, a Wildrose, ND native. Mr. Muffley brings a wealth of knowledge and experience to Heart River Elementary.

Beliefs and Commitments

Heart River Elementary is a school which believes in its community. Its purpose is to help develop our students academically, socially, and emotionally. Students in today's society need to be prepared as best as they can. Even though our students are in elementary, our goal is to work towards college and career readiness! At Heart River, we believe in our students and our community.

Mission Statement

We will provide all students with skills and resources for lifelong learning in a safe environment.

Vision Statement

All Heart River Elementary students reach their maximum potential to be effective citizens.



Empowering All Learners to Succeed

Principal's Message

With the recent major changes which we have experienced over the past several weeks, it is critical that we continue our child(ren)'s learning. Teachers have spent extensive amounts of time and effort collaborating to provide lessons for their students which are engaging and fun. The activities which the students work on from home have been stimulating and have expanded everyone's knowledge and understanding of how to utilize online learning platforms. Students now are responsible for submitting their work to their teachers to show their understanding and mastery of the concepts which have been taught in this very different format. We encourage you to quickly reach out to your child(ren)'s teachers if you have questions or problems with the online learning to ensure your child has the most opportunity to learn and be prepared for the 2020-2021 school year. sc



Heart River Information

During this very interesting time, our front office is open for phone calls from 7:30-3:30 PM. If you have questions or need information, please feel free to contact us at 701 456-0012.



Do you have an incoming Kindergarten for the 2020/21 school year or know of someone who does?? Taking registrations now! Visit the website for more details and enrollment forms:

<http://www.dickinson.k12.nd.us/registration>.

Central Administration Office - 444 4th Street West
7:30 am - 4:00 pm (Monday-Friday)

Copies of the following items need to be submitted before your child's kindergarten registration will be complete:

1. Student Enrollment Form*
2. Family Information*
3. Language Survey*
4. Birth certificate
5. Immunizations records
6. Primary proof of residence:
 - Home mortgage statement OR
 - Builder's agreement OR
 - Purchase agreement OR
 - Homeowners insurance policy OR
 - Property tax statement OR
 - Lease/rental agreement (must list the names of the parent/guardians living in the rental unit, plus the manager's name and phone number)
7. Secondary proof of residence: (within the last 30 days)
 - Current gas, electricity or water bill OR
 - Current phone, cable or Direct TV bill OR
 - Department of Social Services documentation

*Forms are available online: <http://www.dickinson.k12.nd.us/registration>

Questions? Contact Lisa Myran
Phone: 701.456.0002 ext 2207 or
Email: lmryan@dpsnd.org

CHILD MUST BE FIVE YEARS OLD BEFORE JULY 31, 2020

Counselor's Corner

These past few weeks have definitely been different! We miss seeing all of our students! It is so exciting to see how the community has come together to support each other though. We all want you to know how much we appreciate the essential support that you are giving your children at home as we navigate this distance learning!

So far the lessons coming from me have been learning about COVID-19 and learning about staying calm and managing stress but in the coming weeks you can look forward to your child(ren) learning about goal setting and problem solving as well as a refresher on emotion vocabulary and the Zones of Regulation.

We are also starting a challenge in the older grades called Be the Light where our students will be challenged to spread a little positivity and joy each week through specific activities. These activities will be virtual or happening within their own home to ensure that we are following all current and future CDC guidelines. New challenges will be posted every Wednesday. We will also be starting Morning Mindfulness on the April 6th. This will involve a short video with a mindfulness prompt for students (and their families if you would like to join in) to do in order to build in that calm, mindful mindset. There are also several apps and websites that can help with building calm and mindfulness; Calm is one of the most popular apps and Mind Yeti is a very popular website. Both of those options have free content in addition to the paid content so you are able to explore a little and gain some benefits without having to subscribe.

Please consider registering for the school counseling Bloomz account to communicate more effectively. To sign up for my Bloomz account please go to the app or website and select the "+Add Class/Group" from the navigation menu and enter the code KCW7Y8. Or you can also text @KCW7Y8 to 1-858-256-6691.

Thank you for all you do in support of your child(ren), the school counseling program, and our school!

Toril Sanford
School Counselor

COVID 19 Reminders

- **Wash your hands with soap and water for at least 30 seconds.**
- **Be careful to wash on the tops and side and in between the fingers.**
- **Use hand sanitizer with an alcohol-base**
- **Avoid crowded areas**
- **Avoid close contact with people who have flu-like symptoms.**
- **Avoid touching your mouth, nose or eyes when out and about.**
- **Clean work surfaces**

Administrative Professionals' Day

April 22, 2020 is Administrative Professionals' Day. We want to take this opportunity to say THANK YOU to our administrative assistant, Jeanette Wyckoff! Mrs. Wyckoff has worked at Heart River for 24 years. She started her career as a playground supervisor for 1.5 years then became the library paraprofessional. After working in the library for 10 years, she became the secretary and has done a



fantastic job for the last 13. Mrs. Wyckoff does an awesome job of managing the office while providing service to the students, parents and staff. She is the first to greet our students and our visitors. With her friendly smile.

THANK YOU
MRS. WYCKOFF!